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## PAUL BENOIT LOST DAYS LONG NIGHTS

- 01 Arrow
  - 02 Losing It
  - 03 Voices
  - 04 Lost Days Long Nights
  - 05 Sad Funny
  - 06 Find Me In the Dark
  - 07 I Want to Believe
  - 08 Bad Things
  - 09 Daydreaming
  - 10 Heaven
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Paul Benoit, Seattle guitarist, singer, and songwriter, has just released his 11th studio album, *Lost Days Long Nights*. Written on journeys to South America, Turkey and the U.S.A, it is full of acoustic travel ballads, moody rock songs, powerful guitar, piano and organ, and haunting pedal steel. *Lost Days Long Nights* was written on the rooftop in a small village in Peru surrounded by giant sand dunes contemplating the road, lost love and missed opportunities. *Voices* contemplates Joan of Arc and the ironic twists of daily life and self doubt. *Arrow* explores the limitations of the human heart after an autumn spent in Istanbul, Turkey. *Find Me in The Dark* was inspired by a visit to the historic silver mines of Bolivia and mixes images of the dark tunnels and exploration of romance.

Genre: Americana, Rock, and Folk.

"The man deserves a packed house" *Sound Magazine*, Seattle

"An absolute recommendation" *Rootstime Magazine*, Belgium

"Paul Benoit remains a songwriter worth tracking down" *Leicester Bangs*, England

"Authoritative string playing....keeps musical interests high" Paul de Barros, *Seattle Times*

"Paul is a musician with a light and deft touch...demands the attention of artist and audience"

*Maverick Magazine*, England

Paul Benoit, Guitars, vocals

Rebecca Young, bass (Jesse Sykes)

Ron Weinstein, Piano, organ

Hugh Sutton, wurlitzer, organ, accordion

Dan Tyack, pedal steel (Asleep at the Wheel)

Dan Weber, Will Dowd, drums

Sean Divine, Michelle McAfee, Evrencan Gunduz, Lina Naff, backing vocals

All overdubs recorded at the legendary Robert Lang Studio in Seattle with a beautiful grand piano, B3 organ and amazing room sounds creating lush sonic landscapes. Engineers: Blake Harkins, Jesse Field. Mixed by Johnny Sangster (Neko Case). Produced by Paul Benoit.

For more information, interview requests, and promotional copies, contact: [PAUL@PAULBENOITMUSIC.NET](mailto:PAUL@PAULBENOITMUSIC.NET)

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